



## Outer Eastern Youth Service Providers Networks Meeting

Thursday 22<sup>nd</sup> August 9am - 11:30am  
Maroondah Federation Estate  
32 Greenwood Ave, Ringwood 3134

### AGENDA

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| <b>8.50 am</b>  | <b>Tea/ Coffee and Informal Networking</b>   |
| <b>9.00am</b>   | <b>Welcome &amp; Introduction</b>  |
| <b>9.15am</b>   | <b>Information Sharing</b><br>Brief introduction, where you are from and share anything new  |
| <b>10.00 am</b> | <b>Beyond Self-Care: Networking Activity</b><br><i>Andrew Shirres, Practice Development Coach, Innovative Resources</i><br>A chance to network while learning about self-care practices  |
| <b>10:15 am</b> | <b>Morning Tea</b>   |
| <b>10.30 am</b> | <b>Beyond Self-Care</b><br><i>Andrew Shirres, Practice Development Coach, Innovative Resources</i><br>In this interactive session we'll be using strength-based principles and looking at how to take self-care beyond simply 'taking a break', and make it as much about what we do <i>within</i> the workplace as what we do beyond the workplace walls. |
| <b>11.30 am</b> | <b>Close</b>   |

**Thank you for attending the Outer East Youth Service Providers Network Meeting**

**Our next Outer East YSPN Meeting will take place on Tuesday 19<sup>th</sup> November  
9am-11.30am at Knox Civic Centre.**